

# FACE MASKS

## HOW TO USE THEM

### APPLICATION



Wash your hands or use hand sanitizer before you touch the mask.



Check the mask for wear and tear.



Locate the top of the mask (where the adjustable nose bar is).



Make sure the coloured side is facing outwards.



Place the mask over the nose, and adjust the bar to the nose and cheeks.



The face mask must cover the mouth, nose and chin.



Adjust the mask to fit your face, without leaving any openings along the sides.



Do **not** touch the face mask! Change the face mask often, and always if it is wet or dirty.

### REMOVAL



Touch the elastic bands only. Remove the face mask by holding onto the elastic bands without touching the actual face mask.



Throw the used face mask out immediately.



Disposable face masks must **never** be reused.



Wash your hands or use hand sanitizer, when the face mask is disposed of.